

SAVE THE DATE

November 8, 2012
Pepsi Centre, Corner Brook

Have Fun,
Stress-Less &
Feel Better!

Featuring:

Music, comedy, guided relaxation, homemade spa, massage, healthy lunchbox demo, therapeutic art & zumba!

Face painting, puppet making, puppet show, kite making & more for **kids!**



Enjoy Mocktails, Smoothies & Fruit Lollipops!

For more information, email:
nostressfest@gmail.com