

Event Details

The **Canadian Mental Health Association NL Division & Bay St George Women's Centre** is excited to be planning a family-friendly, 3.5 km **Walk and Roll Event** in Stephenville on May 27, 2012, at 1:30 pm starting and ending at the Santa Maria's Club on West Street.

Be sure to check out our event webpage for all the details including the course route, parking and event itinerary at www.defeatdepression.ca/stephenville

For more details, or to Join the Campaign, contact the Event Director at: 1 855 643 5553
stephenville@defeatdepression.ca

Fundraising

This event is not only an opportunity to raise awareness, but to raise funds to assist local non-profit mental health organizations. Please help us by inviting your friends, family, colleagues and others **to sponsor you!** You will need to download a Fundraising Form from our event page www.defeatdepression.ca, or drop by our office and pick up a form.

Individual Target \$75 | Family Target \$100

Please drop your completed Fundraising Form and collected donations to our office, or bring them along to the event on May 27, 2012.

Registration

We ask that you register online at www.defeatdepression.ca/registration, or fill out the attached form. For safety reasons, we do not allow registrations to be transferred between participants.

Return your **completed Registration Form** with your **signed Waiver** to:

Mary Beth Fallon
157 Minnesota Drive,
Stephenville NL, A2N 2Y7

Please note that a signed waiver is required for each participant. Registrants under the age of 18 require the signed consent of a parent or guardian.

The Defeat Depression Campaign is an initiative that benefits non-profit mental health organizations across Canada.

The goal is to raise awareness about depression and other mood disorders, and to help reduce the stigma often associated with mental illness. The Campaign will also raise funds to assist local non-profit mental health organizations deliver services and supports.

© The Defeat Depression Campaign is an initiative of:



Mood Disorders Society of Canada
Société pour les troubles de l'humeur du Canada

**Canadian Mental Health Association
NL Division &
Bay St George Women's Centre!**



... move for mental health
May 27, 2012



For all the details, and a link to online registration, visit:

www.defeatdepression.ca

Register Today!



**Defeat
Depression**
.ca[®]



**STEPHENVILLE
3.5 KM
WALK & ROLL!!**



Community Events

In communities across this country, mental health organizations, community groups, caring companies and concerned employees and volunteers are organizing local walks, runs, rides and other events.



Visit our website for a list of events
www.defeatdepression.ca/locations.



Join the Campaign

Register yourself, team or family

Plan to join in the fun, and sign up for an event in your community (see registration).

Volunteer

Volunteer your time and help with an event in your community. Your help with this event, or year round with your local mental health organization is a great way to give back to the community!

Sponsor an Event

Your corporate financial support will be used to help develop the campaign and provide tools and information to increase public awareness of depression and other mood disorders. Call for more details...

Registration

Online

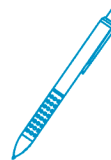
Online registration is the easiest and fastest way to register.



www.defeatdepression.ca/registration

By Mail

Send your completed Registration Form and signed Waiver to the Host Organization at the address provided.



If filling out registration by hand, please make a copy of the form for each member of your family or team. A signed Waiver is needed for each participant.

(Please note, registrants under the age of 18 require the signed consent of a parent or guardian).



Collect Sponsorships

Your help in fundraising is very much appreciated. The suggested targets are: \$75 - Individual | \$100 - Family. Visit the campaign site to download a copy of the official Sponsorship Form, or contact us for more details.

Registration Form

Name:
Address:
Tel. No.:
E-mail:
Age (as of May 27 2012):
<input type="checkbox"/> Female <input type="checkbox"/> Male
T-shirt: Adult sizes S M L XL (circle one)
<input type="checkbox"/> Individual participant <input type="checkbox"/> Part of Family or Team
Fundraising Target: <input type="checkbox"/> \$75 <input type="checkbox"/> \$100 <input type="checkbox"/> \$_____ (other)

Waiver

In consideration of the acceptance of my application and the permission to participate as an entrant, competitor or volunteer in the Defeat Depression Campaign on Sunday, May 27, 2012 including the use of my photograph/picture for promotional purposes, I, for myself my heirs, executors, administrators, successors and assigns, hereby release, waive and forever discharge Canadian Mental Health Association NL Division, Bay St George Women's Center, and The Mood Disorders Society of Canada, including the Stephenville RCMP, and Russell's Paramedic Service, all sponsors and contributors, the Defeat Depression organizing committees, and all other associations, sanctioning bodies and sponsoring companies, and all their respective agents, officials, servants, contractors, representatives, elected and appointed officials, successors and assigns of and from all claims, demands, damages, costs, expenses, actions and causes of action, whether in law or equity in respect of death, injury, loss or damage to my person or property however caused, arising or to arise by reason of my participation in the said event, whether as a spectator, participant, competitor, volunteer or otherwise, whether prior to, during or subsequent to the event, and notwithstanding that same may have been contributed to, or occasioned by, the negligence of any of the aforesaid. I further hereby undertake to hold and save harmless and agree to indemnify all of the aforesaid from and against any and all liability incurred by all of them as a result of, or in any way connected with, my participation in the said event. By submitting this entry I acknowledge having read, understood and agreed to the above waiver, release and indemnity, and I warrant that I am physically fit to participate in this event.

Signature (Parent or Guardian if under 18 yrs of age)

Date