



*Canadian Mental Health Association
Newfoundland and Labrador Division*

We are pleased to announce the opening of our new regional offices in Grand Falls - Windsor and Stephenville. This expansion marks our commitment to fight stigma and bring the discussion of mental health out from behind closed doors. Please join us and show support for mental health awareness within our communities.

**WESTERN REGIONAL OFFICE
STEPHENVILLE**

Date: Tuesday March 13th, 2012

Time: 2pm-4pm

Location: CMHA-NL

*157 Minnesota Drive
Stephenville, NL*

**CENTRAL REGIONAL OFFICE
GRAND FALLS-WINDSOR**

Date: Thursday March 15th, 2012

Time: 2pm-4pm

Location: CMHA-NL

*16 Pinsent Drive
Grand Falls-Windsor, NL*

*RSVP by March 9th, 2012
western_office@cmhanl.ca
or central_office@cmhanl.ca*

Divisional Office
70 the Boulevard, 1st Floor
St. John's, NL
A1A 1K2
1-877-753-8550

Central Regional Office
16 Pinsent Drive
Grand Falls-Windsor, NL
A2A 2J9
1-855-489-3302

Western Regional Office
157 Minnesota Drive
Stephenville, NL
A2N 2Y7
1-855-643-5553

THERE IS NO HEALTH WITHOUT MENTAL HEALTH