

# *In Recognition of Mental Illness Awareness Week*



*Presents*

## *An Evening with Margaret Trudeau*

Please join us at the Fairmont Hotel, on **October 1<sup>st</sup>** as Margaret Trudeau shares her personal story of recovery from mental illness. Featuring **Greg Malone** as the Master of Ceremonies, and many fabulous auction items.

**This is an event you don't want to miss!**

***All proceeds from the dinner and auction will promote the work of CMHA-NL Division in our province.***



### **BIOGRAPHY:**

**MARGARET TRUDEAU**  
**Celebrated Canadian & Mental Health Advocate**

Margaret Trudeau became the youngest Prime Minister's wife in Canadian history, when she married Pierre Elliot Trudeau at the age of 22. She has led a rich and interesting life by raising five children and travelling the country and the world extensively.

For all her adult life, Margaret Trudeau has suffered from the debilitating effects of her bipolar condition. Now, after seeking medical treatment that has given her life balance and happiness, she advocates strongly on mental health issues, helping people overcome the stigma of mental illness that often prevents sufferers from getting help. She is working with The Royal Ottawa Hospital to raise funds for their new hospital and raise public awareness of mental health issues.

She is Honorary President of Watercan, a Canadian NGO that helps the poorest citizens of the world to access safe, clean water.

Margaret has wonderful stories to tell and a strong, clear message on the importance of finding balance of mind, body and spirit. She also tells good jokes.

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### *Our Partners*



*Discipline of Psychiatry*  
*Memorial University*  
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**Tickets are \$150 each, or table of ten for \$1200. A tax receipt is available for a portion of the ticket price. To purchase tickets, please call Geri at 757-7219**

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