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Seniors and depression in long term care facilities:

There is a high rate of untreated depression among seniors in LTC facilities. Staff in these settings has identified the need for more education to better understand the signs, symptoms and approaches to treat depression in seniors.

The Newfoundland and Labrador Division of the Canadian Mental Health Association has researched this issue and is now developing an educational video to address the needs of staff in LTC facilities.

A multi-stakeholder advisory committee has been struck including consumers, service providers and policy and program experts. The committee is chaired by CMHA-NL.

The Department of Health and Community Services and the United Way of Avalon have provided funds for the educational DVD.

The DVD should be available for distribution in May 2008

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