



CANADIAN MENTAL
HEALTH ASSOCIATION

ASSOCIATION CANADIENNE
POUR LA SANTÉ MENTALE

Newfoundland and Labrador Division

There is no health without mental health!

Canadian Mental Health Association, NL Division (CMHA-NL) Presents

The Mental Health Week 2009 Symposium

Date: Monday, May 4th 2009

Time: 2 to 5 PM

Location: Main Auditorium, Health Sciences Centre, St. John's

Hosted by Geoff Chaulk, Executive Director of CMHA-NL, and Colleen Simms, Regional Director of Mental Health and Addictions, Eastern Health

“Now more than ever...invest in yourself!”

The theme for this year's Mental Health Week is mental health and the economy. Join us as we discuss our province's economy and how it affects us, and how Newfoundlanders and Labradorians should continue to invest in their mental health during these stressful economic times.

With presentations by

Geoff Chaulk—Executive Director, CMHA-NL

Dr. Wade Locke—Professor of Economics, Memorial University

Al Antle—Executive Director, Credit & Debt Solutions

Dr. Joyce Nicholls-Goudsmid—Psychologist, Terrace Clinic, Eastern Health

For more information on the Symposium, please contact Roger Baggs at (709)757-7220 or rbaggs@cmhanl.ca

About CMHA-NL

Established in 1964, the Newfoundland and Labrador Division of CMHA has a long and proud history in our province. We continue to provide public education and advocacy in relation to promoting the mental health of all our citizens, and the recovery and resilience of those who live with mental illness.

CMHA-NL is an incorporated, non-profit, charitable organization with a province-wide volunteer board of directors and five full-time staff. For more information about CMHA-NL, please visit our website at www.cmhanl.ca