



CANADIAN MENTAL
HEALTH ASSOCIATION
ASSOCIATION CANADIENNE
POUR LA SANTÉ MENTALE

Newfoundland and Labrador Division

PRESS RELEASE

The Newfoundland and Labrador division of the Canadian Mental Health Association is pleased to announce the events for the 57th annual Mental Health Week, May 5th -11th, 2008.

- On Monday, May 5th the signing of a provincial proclamation by Ross Wiseman, Minister of Health and Community Services, declaring Mental Health Week in NL.
- In keeping with the theme of the week, “*Work-Life Balance: Make it Your Business*”, information brochures will be electronically circulated to private and public sector employers across the province.
- The launch of our anti-stigma project, *Tell Us Your Story*, starting with a call for essays by Newfoundlanders and Labradorians on their experiences with mental illness, recovery and stigma. See attached for details.
- The launch of a webpage on workplace mental health, which can be accessed from the front page of our website, www.cmhanl.ca, starting May 5th.
- On Wednesday, May 7th at 2:00 p.m., a Webinar on Workplace Mental Health.
- On Sunday, May 11th at 2:45 p.m. at the Delta Hotel join us for A *Great Big Newfoundland Tea Party*, a fundraiser for CMHA-NL presented by The Telegram, and sponsored by Fortis Properties and Penney Auto Group.

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