

To Register

Complete and return registration form with payment to:

Jennifer Rideout, Conference Secretary

Association of Registered Nurses of Newfoundland and Labrador
55 Military Road

St. John's, NL A1C 2C5

Fax: 753-4940, e-mail: jrideout@arnnl.ca

Information to Know

Cancellation Policy

Registrants should consider their registration accepted unless they are advised to the contrary. Receipts will be distributed at the conference. Cancellations must be received by September 8 in order to receive a refund. Refunds are subject to a \$10.00 administration fee.

Scent Policy

Please refrain from using scented products out of respect for those who have sensitivities.

Accommodations

A block of rooms has been reserved at the Holiday Inn St. John's until August 6th at the rate of \$134.95. To receive this rate, indicate you are with the Innovations Conference/Mental Health Conference. Call (709) 722-0506 or 1-800-933-0506.

For further information visit our web site at www.arnnl.ca or contact Jennifer Rideout at: jrideout@arnnl.ca or (709) 753-6075 or toll free 1-800-563-3200.

Mental Health: Our Common Denominator



**September 27 & 28, 2010
Holiday Inn, St. John's**

Sponsored by



Newfoundland & Labrador
Nurses' Union



Association of Registered Nurses
of Newfoundland and Labrador

FREE PUBLIC LECTURE

September 27, 2010 at 1900h

Health Science Centre Auditorium

Cheryl Forchuck, RN, PhD

Playing Musical Chairs: Housing, Poverty, & Mental Health

AGENDA

Monday, September 27, 2010

0715 Registration

0830 Welcome/Opening Remarks

0850 Keynote Address

Therapeutic Relationships: Foundations and Innovations

Cheryl Forchuk, RN, PhD

0950 *The New Hope Clinic—A Mental Health Collaborative*

Geri Dalton, BN, NP

1035 *Nutrition Break, Conception Bay North & South*
Visit Exhibitors

1100 *Help for our Heroes: A new type of engagement for veterans and current serving military and police members*

Laura Caron, RPN, BSN
Marney Riendeau, RN, BScN

1200 Lunch Break (On Own)

1330 Concurrent Session

• *Optimizing Mental Health Service Collaboration in a Rural NL Community Using a Primary Health Care Framework*

Janet Fisher, RN, BN & Mark Aylward, RN, MN

• *Moving Upstream in the Prevention of Psychiatric Disorders: Promoting healthy maternal gestational weight gains to improve the mental health of offspring*

Cynthia Murray, PhD, MN, BN

• *Mental Health Act*

Christine Broders, BN, RN
Sherry Gosse, BN, RN, M.Ed, CPMHN

1415 Concurrent Session

• *Psychiatric Mental Health Nursing in Rural Settings: Innovative approaches to improve quality of life*

Kim Whalen, RN, & Karen Didham, RN, BN

• *The Benefits of Using an Interprofessional Education Module in an Undergraduate Mental Health Nursing Course*

Anna Marie Alteen, MN, RN, CPMHN (C), Florence Budden, BN, RN, CPMHN (C), Robert Meadus, PhD, RN, & Nicole Snow, MN, RN, CPMHN (C)

• *We Are All Mental Health Professionals: The role of the mental health nurse consultant in a general hospital*

Karen Whitehorne, RN, BN, CPMHN(C)

1500 *Nutrition Break, Conception Bay North & South*
Visit Exhibitors

1515 Concurrent Session

• *Promoting Healthy Dating Relationships*

Linda Andrews, RN, MN, CCHN(C) & Anna Power

• *Addictions: What health care providers should know*

Karen Singleton, RN, BN

• *The Hope Program: Healthy opportunities for people with eating disorders*

Kelly Maloney, RD, MSc, & Judy Greenland, RN

Tuesday, September 28, 2010

0830 *Stigma and the Media*

Nicole Snow

0915 *Ethical Dilemmas in Mental Health*

Panel Discussion (Moderator—Rick Singleton)

Nicole Snow

Dr. Andrew Latus,

Heather Pollett, Canadian Mental Health Association

Schizophrenia Society of NL

1045 *Nutrition Break, Conception Bay North & South*

1115 *Quality of Life: The Good News*

Florence Budden, BN, RN, CPMHN(C)

1200 *Closing Plenary*

Running on Empty: Understanding compassion fatigue

Francoise Mathieu, M.Ed, CCC

1300 *Closing Remarks*

Registration Form - Mental Health: Our Common Denominator

Name: _____

Position: _____

Organization: _____

Mailing Address: _____

Telephone: _____ Fax: _____ E-Mail: _____

Early Bird Fee by September 3, 2010

Regular \$150.00 Full Time Student \$50.00

Fee After September 3, 2010

\$175.00 Full Time Student \$75.00

My payment method is: Personal Cheque (payable to ARNNL)

Agency Cheque (payable to ARNNL)

Visa M/C Card Number: _____

Expiry Date: _____